

SCHEDULE: 8:15 a.m.-9:45 a.m. Registration
10:00 a.m. 5K & Walk Start
11:15 a.m. Awards Ceremony

REGISTRATION: www.RaceForum.com/Tomorrow

ENTRY FEES: Pre-registration \$22 by 4/8/12
USATF \$20 by 4/8/12
Post-registration \$25 after 4/8/12

COURSE: Double loop park course, primarily shaded and all traffic free. USATF certified. Water stop. Split times.

AWARDS: 1,2,3 overall, male and female
1,2,3 age groups, male and female

AGE GROUPS: 5 year; 14 & under to 85 & older

RESULTS BY: www.CompuScore.com DTAG

INFO: (973) 535-1181 ext. 1224
www.arcessex.org

AMENITIES: Building Tomorrows T-shirt. DJ.
Refreshments. Random Prizes.

DIRECTIONS: *From GSP Northbound:* Exit 151. Right onto Watchung Ave. Make first legal u-turn to cross back over GSP on Watchung Ave. Right onto Broad Street. Left onto Broad Street continuation. Bear left onto Bellevue Avenue. Left into Brookdale Park. *From GSP Southbound:* Exit 151. Make right off of exit ramp toward Bloomfield/Montclair onto Watchung Ave. Follow directions from Broad Street above.

14th Annual Building Tomorrows



5K Run/ 2 Mile Walk

Saturday, April 14, 2012

**Brookdale Park
Bloomfield, NJ**



TO BENEFIT THE ARC OF ESSEX COUNTY

2012 Building Tomorrows 5K ... Official Entry Form (one per entrant)

Last Name _____ First Name _____

Street _____ Phone # _____

City _____ State _____ Zip _____

Gender (circle) M F Age (on race day) _____ Date of Birth _____

2012 USATF# _____ Email _____

Event (circle): 5K Walk T-shirt Size (circle): S M L XL

Make check payable to: The Arc of Essex County
123 Naylor Avenue
Livingston NJ 07039

Do not mail after 4/5/12.

In consideration of this entry being accepted, I hereby waive any and all rights and claims to damage that I may have against OYMP, The Arc of Essex County staff, volunteers and representatives for any and all injuries that I may sustain in this event. I acknowledge that I have fully read this form and fully understand the terms and conditions contained herein. I further understand that entry fees are not refundable. I agree not to hold The Arc of Essex County responsible for any publicity used concerning this event and I grant the right to use any likeness in any photographic reward of this event.
NO REFUNDS, TRANSFERS OR DEFERRALS.

Signed (parent/guardian signature if participant is under 18 years of age) _____ Date _____

For office use only: Cash \$ _____ Check \$ _____ # _____ FW _____

Direct Link to Online Registration www.RaceForum.com/Tomorrow

