

# 12th Annual Run for Rachel

Raising Awareness About Domestic Violence

## 2012



USATF-  
New Jersey  
Women's Open 5K  
Championship

**5k Run**

**3k Walk**

**Kids' Run for Rachel**

## Sunday, May 20, 2012

### Memorial Oval, Livingston

**EVENTS:** 5K Run • 3K Walk • Kids' Run (ages 2-11, 25-200 yards)

**LOCATION:** Memorial Oval, Livingston, NJ

**SCHEDULE:** Day of Registration/Package Pick-ups: 7:45 am - 9:15 am  
(Kids' Run until 10:15 am)  
Start times: 5k Run - 9:30 am • 3k Walk - 9:40 am  
Kids' Run - 10:30 am



**REGISTRATION:** DO NOT MAIL AFTER MAY 11, 2012  
online at [www.raceforum.com/rachel](http://www.raceforum.com/rachel)

**COURSE:** 5k • USATF certified, out & back, flat & rolling, residential  
Mile clocks • Water stops • USATF NBGP 700 point event  
Race direction by On Your Mark Productions ([www.OYMP.net](http://www.OYMP.net))  
**ChronoTrack D-Tag scoring by compuscore.com**

**PRIZE MONEY:** Women (for USATF-NJ members only): 1st - \$300; 2nd - \$250;  
3rd - \$200; 4th - \$150; 5th - \$125; 6th - \$100; 7th - \$75

**AWARDS:** Top three overall & age groups, male & female  
Top Livingston residents, male & female

**SPECIAL PRIZE: KINDLE FIRE to Adult or Child who raises the most pledge money**

**5K AGE GROUPS:** 14 & Under to 85 & Over in 5 year increments

### AMENITIES

- T-Shirts guaranteed to all pre-registrants
- **TECHNICAL SHIRTS FOR ALL PRE-REGISTERED RUNNERS ONLY**
- RACE BAG – **PRE REGISTRANTS ONLY** – REGISTER EARLY!!
- RANDOM PRIZE DRAWINGS

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL: \_\_\_\_\_ '12 USATF#: \_\_\_\_\_

GENDER (Circle one): Male Female Age (on race day): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

EVENT ENTERED (Check one only): 5K \_\_\_\_\_ 3K Walk (all ages) \_\_\_\_\_ Kids' Run (ages 2-11) \_\_\_\_\_

Are you part of a pledge team? \_\_\_\_\_ **Team Name** \_\_\_\_\_

Check and circle whichever applies:

\_\_\_\_\_ \$20.00 USATF member by May 14, 2012 – T-shirt S M L XL

\_\_\_\_\_ \$22.00 Pre-registration by May 14, 2012 – T-shirt S M L XL

\_\_\_\_\_ \$25.00 After May 14, 2012 and on race day S M L XL

\_\_\_\_\_ \$7.00 Kids' Run for Rachel (NO RACE BAG) Youth S Youth M Youth L

\_\_\_\_\_ \$ Enclosed is an additional donation.

**Checks Payable to "Rachel Coalition"**

**Mail to: Run for Rachel, Rachel Coalition, 256 Columbia Turnpike, Florham Park, NJ 07932**

Payment enclosed \$ \_\_\_\_\_  MC  VISA  Amex

Card# \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code: \_\_\_\_\_

FOR ADDITIONAL INFORMATION CONTACT RUN FOR RACHEL AT (973) 765-9050 ext. 1744  
or visit [www.rachelcoalition.org](http://www.rachelcoalition.org)

NO REFUNDS, TRANSFERS OR DEFERRALS

**WAIVER/RELEASE**

In consideration of this entry being accepted, I hereby waive any claims against Rachel Coalition, the Township of Livingston, the Board of Education, LMAC, On Your Mark Productions, their staff, officers, volunteers, successors, and assignors for injuries that may be suffered by me in this event. Further, confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of the Run for Rachel.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature if participant is under 18 years of age.

Downloaded from Metro Race Forum Online Registration [www.RaceForum.com/Rachel](http://www.RaceForum.com/Rachel)



**Women's Open 5K Championship**



## Direct Link to Online Registration

[www.RaceForum.com/Rachel](http://www.RaceForum.com/Rachel)

