

ASBURY PARK OCEAN MILE

A NJRC TRIPLE CROWN RACE

Asbury Park 6/30, Sea Bright 7/14, Belmar 8/04

GENERAL INFORMATION

The 7th Annual Asbury Park Ocean Mile,
A NJRC Triple Crown Ocean Mile Race
Presented by NJRC, a US Swimming Club

RACE DATE: Sat. June 30, 2012

RACE TIME: 8:00 AM

CHECK IN: 6:30 AM
4th and Ocean Avenue

ENTRY FEE: \$25 at Swim NJ, 1901
Hwy 35, Wall, NJ 07719 or by mail
to: NJRC, 57 Willow Dr,
Little Silver, NJ 07739

\$25 online at
www.raceforum.com/triplecrown

INFORMATION: (732) 319-0282 or
peter@newjerseyraceclub.com

PRIZES: Race T-Shirt for every
swimmer plus prizes for
1st Male&Female Overall
2nd Male&Female Overall
1st Male&Female over 35
1st Male&Female over 50

AGE GROUPS: 14&UNDER, 15-19,
20-24, 25-29
30-34, 35-39, 40-44
45-49, 50-54, 55-59
60-64, 65-69, 70+

**WETSUIT WEARERS ARE ALLOWED AND
ELIGIBLE FOR AWARDS**

In the event of rough ocean surf
or other unsafe conditions, the
Beach Manager may postpone or
cancel the race, for info see
www.newjerseyraceclub.com, or call

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____
(for notification purposes only) (for notification purposes only)

Age _____ Sex M or F Shirt Size S M L XL
(day of race) (Adult sizes only)

\$25 checks payable to NEW JERSEY RACE CLUB "NJRC"

LIABILITY RELEASE: Please accept my entry in the 2012 Asbury Park Mile Swim. In consideration of being accepted as a participant in the athletic event described herein, I, for myself, my heirs, executors, administrators and assigns, agree to assume all risks associated with this event and also agree that if I am injured in any way, including death, during, or as a result of, my participation that I will neither make a claim nor bring suit against, but will hold harmless, the City of Asbury Park, participating beach employees, volunteers, or other persons and any other sponsors, coordinating groups and any individual associated with this event. In addition, I agree not to make any claim for the loss of or damage to personal property, which may be related to my participation in this event. I represent and affirm that I am in good physical condition to participate in this event and that a licensed physician has approved my participation and I have sufficiently trained for the completion of this event.

Participant's Signature

Date

Parent's or Guardian's Signature
(if under 18)

Register in person at Swim NJ, 1901 HWY 35, Wall, NJ 07719

MAIL TO: NJRC, c/o 57 Willow Drive, Little Silver, NJ 07739

ALSO REGISTER ONLINE AT:

WWW.RaceForum.COM/TripleCrown

RUN.SWIM.BIKE.PLAY
RACE FORUM
Register Online

Direct Link to Online Registration
www.RaceForum.com/TripleCrown

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