

**5K Run (USATF certified)
2-Mile Walk
Food, Music, Raffles, and
much more!**



Saturday, October 28, 2017

Duke Island Park

Visionsandpathways.org



DETAILS

Location

Duke Island Park
Old York Road, Bridgewater, NJ 08807

Schedule

7:45 AM	Onsite Registration
8:45 AM	Walk Warm-up
9:00 AM	2-Mile Poker Walk
9:45 AM	Run Warm-up
10:00 AM	5K Run
10:15 AM	Picnic/Music/Entertainment
11:30 AM	Awards
12:00 PM	50/50 Raffle



Registration

Register by mail using attached registration form or online at
<https://raceforum.com/runforouryouthsfuture>

Entry Fees

\$25.00 Pre-Registered Runners	\$30.00 Runners After 10/27 2pm
\$22.00 Pre-Registered USATF-NJ Runners	\$22.00 USATF NJ Runners after 10/27 2pm
\$15.00 Students under 18	\$20.00 Students after 10/27 2pm
\$12.00 Pre-Registered Walkers	\$15 Walkers after 10/27/17 2pm

5K Run

USATF certified. Course is a scenic loop along a flat, paved waterfront/wooded trails and roads within Duke Island Park. One water stop.

2-Mile Walk

Fitness walk on a course suitable for strollers and dogs.

Awards

Top 3 overall male and female
Top 3 male and female in each age group

Age Groups

10-85+ (in 5-year groups)

Amenities

Run for Runaways T-shirt (while supplies last)
Live entertainment
Barbecue
Goodie bags

Directions

For directions to Duke Island Park please visit somerseyparks.org or call Adriana Gonzalez at 908-526-6605 Ext. 312.

Collect Contributions Online

Create your own fundraising page to promote your involvement in this year's **Run and Walk For Our Youth's Future**. Add a personal story and photos; track pledges and encourage family, friends and co-workers to make contributions by sending e-mails with a link to your personalized page on Visions and Pathways **Run and Walk For Our Youth's Future** website. Visit visionsandpathways.org to set up your personal pledge web page today!

How your pledges will help Visions and Pathways

When there's nowhere else to turn, Vision and Pathways gives homeless youth a home and hopeful future. Visions and Pathways operates eleven programs serving runaway, homeless, abused and neglected adolescents and their families.

Your pledge donations go directly into operating funds to provide:

- Food
- Shelter
- Counseling
- Independent-living skills workshops
- Education
- Health care
- HIV/AIDS prevention programs
- Substance abuse prevention programs
- Arts and recreational activities
- Street outreach

Runaways aren't bad kids; they are kids in a bad situation. They've been abused, neglected or abandoned. They come from every neighborhood - including your neighborhood - rich or poor, suburban, rural or urban. They represent every race and religion. They are not running to something, but away from something - away

OFFICIAL ENTRY FORM - 19TH ANNUAL VISIONS AND PATHWAYS RUN AND WALK FOR OUR YOUTH'S FUTURE

Send checks payable to: **Visions and Pathways**
49 Brahma Avenue, P.O. Box 6871
Bridgewater, NJ 08807-0871

Name _____

Address _____

City _____

State _____ Zip _____

Email _____

Phone (Day) _____

Register online at

<https://raceforum.com/runforouryouthsfuture>

Registration Fee (circle one)

Runners:	\$25	\$30
USATF-NJ Runners:	\$22	\$22
Walkers:	\$12	\$15
Students:	\$15	\$20



USATF
NEW JERSEY

500 Point Event

2017

T-shirt Size:

Adult S L
 M XL
 L XXL

Gender (circle one):

Male

Female

Age (____)

I cannot participate, but please accept my tax deductible donation of \$ _____

Liability Waiver

I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims I may have against Visions and Pathways, the County of Somerset, Race Forum, all sponsors, and other persons or organizations connected with the above named event, and their respective agents, employees, officers, volunteers, representatives, successors, and assignees for any and all injuries that may be suffered by me in connection with this event. Further, I hereby certify that I am physically able to participate in this event and hereby grant the right to publish my name in the news media and use my likeness in any photographic record for the Run and Walk For Our Youth's Future.

Signature of Participant _____ Date: _____

Signature of Parent/Guardian _____ Date: _____

(if participant is under 18)

Questions? Contact: Adriana Gonzalez 908-526-6605 Ext. 312 or

agonzalez@visionsandpathways.org or visit us on facebook.com/runforouryouthsfuture.event